

PAWPAW

Asimina triloba



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ABOUT

Pawpaw is a small tree with large green leaves that turn yellow in the fall. Flowers have six petals and are dark burgundy in color. Large, cylindrical green fruits appear in late summer and turn yellow later.

HARVEST / PREP

- Gather the ripe fruits in late summer
- Fruits are best eaten raw - some people experience gastrointestinal upset from eating the cooked fruit.

BENEFITS

- Makes an excellent poultice to draw out infection