

INDIGENOUS SPICE BLEND

INGREDIENTS

- 1 tbsp onion powder
- 1 tbsp mushroom powder
- 1 tbsp hawthorn berry powder
- 1 tbsp nettle powder
- 1 tbsp black pepper
- 1 tbsp salt
- ½ tbsp garlic powder
- ½ tbsp cedar powder
- ½ tbsp tumeric powder

INSTRUCTIONS

1. Add all ingredients into a mixing bowl.
2. Thoroughly mix together.
3. Store in an air tight container.

NĀTIFS