

INDIGENOUS FOOD LAB

BISON MEATBALL GRAIN BOWL • \$15

Nixtamal Blend (white, blue, yellow corn)
• Wild Rice • 4 Bison Meatballs • Mixed
Berry Wóžapi Sauce • Spiced Seed Blend

Dairy Free, Gluten Free



SWEET POTATO DUMPLING GRAIN BOWL • \$13

Nixtamal Blend (white, blue, yellow corn)
• Wild Rice • 4 Sweet Potato Dumplings
• Mixed Berry Wóžapi Sauce • Spiced
Seed Blend

Dairy Free, Gluten Free, Vegan

COMBO GRAIN BOWL • \$14



Nixtamal Blend (white, blue, yellow corn) • Wild Rice • 2 Bison Meatballs •
2 Sweet Potato Dumplings • Mixed Berry Wóžapi Sauce • Spiced Seed Blend

Dairy Free, Gluten Free

SUMAC CHILI SEASONED CRICKET MIX • ADD \$1

Indigenous Food Lab is a project of NATIFS, a 501(c)(3) nonprofit.

